

Check-ups

An ultrasound scan is carried out during the stay in hospital. A further ultrasound scan should be carried out approx. three months after surgery. Subsequently, we recommend annual progress monitoring by the resident radiologist.

In the case of fever (temperature above 38 °C), swelling, pain or redness at the wound site, you should visit a doctor or our outpatient clinic without delay.

We hope to have answered all your potential questions with this information and wish you a speedy recovery.

Your surgical team

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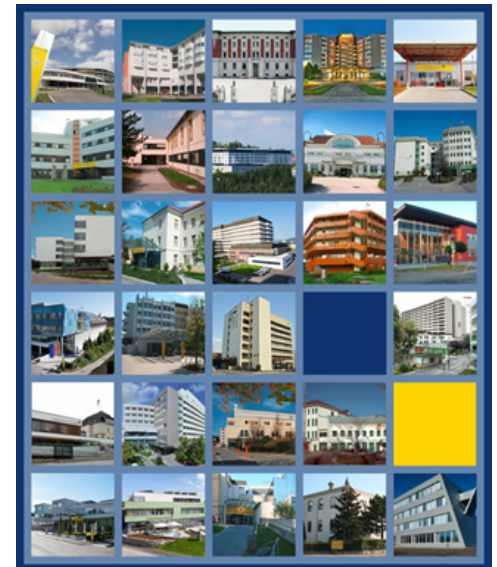
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Carotis OP

Surgery

Discharge Information



Behaviour after carotid artery surgery

Dear Patient,

Further to our discussion at discharge and the doctor's letter, we would like to provide you with some more information relating to the time after your stay in our department.

Postoperative pain

Pain may occur in the area around the surgical wound, however this usually subsides within one week.

If the pain persists longer than this or reoccurs, then please contact your GP or our outpatient clinic.

Wound care

In principle, no specific scar treatment is required. However, regularly applying a skin care cream can greatly aid the healing process.

Personal hygiene

Showering is possible at any time from the 2nd day after surgery. However, the wound area should only be cleaned with water, and no soap. Please discuss the use of waterproof bandages with the doctor treating you. Full baths should be taken at the earliest two weeks after the stitches are removed.

The surgical wound should not be exposed to sunbathing (including artificial sun tanning) for six months after surgery. If sunbathing occurs prior to this, the wound should be covered with a towel.

Physical activity/ability to work

We recommend physical rest for two weeks after surgery and the avoidance of strenuous physical activity for four weeks after surgery. After this, a normal workload is possible.

All types of sport are permitted two weeks after surgery, excluding strenuous physical activity.

Ability to work varies according to the individual and depends on the occupational activity. In principle, you should be able to work two to three weeks after surgery.

Taking medication

After surgery, you will be prescribed an antiplatelet drug, such as Thrombo Ass®, Aspirin® or Plavix®, to improve the blood circulation. Please take the medication daily and for an unlimited period.

This does not apply for patients who already take another anticoagulant (e.g. Marcoumar® or Sintrom®).