

**In the case of fever (temperature above 38 °C), swelling, pain or redness at the wound site, you should visit a doctor or our outpatient clinic without delay.**

**We hope to have answered all your potential questions with this information and wish you a speedy recovery.**

Your surgical team

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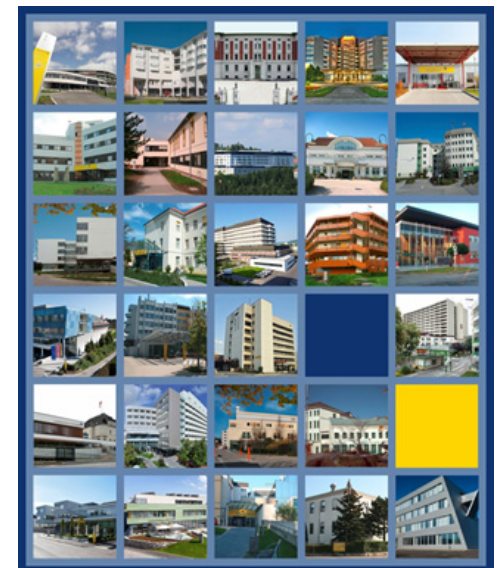
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Zehen- und Vorfußamputation

## Surgery

### Discharge information



### Behaviour after toe and forefoot amputations

**Dear Patient,**

Further to our discussion at discharge and the doctor's letter, we would like to provide you with some more information relating to the time after your stay in our department.

**Postoperative pain**

Pain may occur in the area around the surgical wound, however this usually subsides within one week.

If the pain persists longer than this or reoccurs, then please contact your GP or our outpatient clinic.

**Wound care**

Frequent dressing changes, keeping the dressing clean and wearing the appropriate footwear (surgical shoes while the wound is healing and orthopaedic shoes after the wound has healed) are essential to achieving rapid wound healing.

**Phantom pains**

Phantom pains can be successfully eliminated with medicinal therapy.

**Physical activity/ability to work**

In principle, weight may be applied to the affected leg. However, this should be kept to a minimum.

Ability to work varies according to the individual and depends on the wound healing and professional occupation. Please discuss this with the doctor treating you.

**Personal hygiene**

Depending on the local situation, showering should be possible from the 5th–10th day after surgery. Please discuss your personal situation with the doctor treating you.

**Check-ups**

The check-ups which may be necessary differ from patient to patient, depending on your clinical picture and healing process. You will be informed of these by the doctor treating you at discharge. It is in your interest to attend the appointed follow-up appointments.