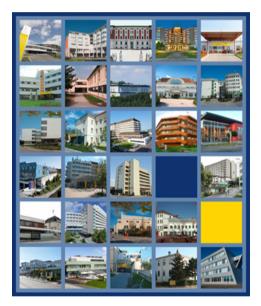
Gynaecology and midwifery

Discharge information



Behaviour after a curettage



Gesund und gepflegt. Ein Leben lang.

We hope to have answered all your potential questions with this information and wish you a speedy recovery.

Your gynaecology team

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Dear Patient,

A curettage has been performed to remove tissue from your uterus.

Further to our discussion at discharge and the doctor's letter, we would like to provide you with some more information relating to the time after your stay in hospital.

Behaviour after a curettage

Please observe the following for the most favourable treatment outcomes:

- Physical rest for one week
- Avoid sexual intercourse for one week
- Avoid full baths and visiting the sauna and swimming pool for at least one week
- Avoid using tampons for one week

In the case of pain or bleeding which is more intense than for normal menstruation, a check-up with your consultant or the gynaecological outpatient clinic is recommended.

The duration of sick leave will be determined by your GP.