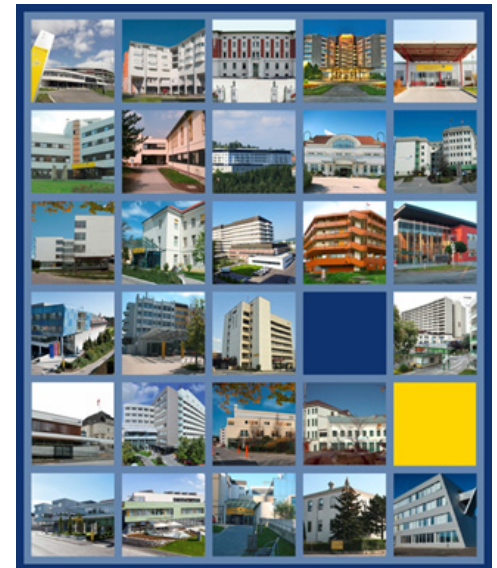


We hope to have answered all your potential questions with this information and wish you a speedy recovery.

Your gynaecology team

Gynaecology and midwifery

Discharge information



Behaviour after a cervical conisation

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Konisation

Dear Patient,

You have had a cone-shaped piece of tissue removed from your cervix.

Further to our discussion at discharge and the doctor's letter, we would like to provide you with some more information relating to the time after your stay in our department.

Please observe the following for the most favourable treatment outcomes:

- Physical rest for two weeks

Until after the check-up with your consultant:

- Avoid sexual intercourse
- Avoid full baths, and visiting the sauna and swimming pool
- Avoid lifting and carrying heavy objects (risk of post operative haemorrhage)
- Refrain from using tampons

Check-up with your consultant in four to six weeks.

General guidelines for behaviour

You may experience bleeding and/or a brownish discharge for up to two to three weeks after surgery.

The duration of sick leave will be determined by your GP. In the case of fever, severe lower abdominal pain or heavy bleeding, you should visit your consultant or the gynaecological outpatient clinic.