We hope to have answered all your potential questions with this information and wish you all the best for your pregnancy.

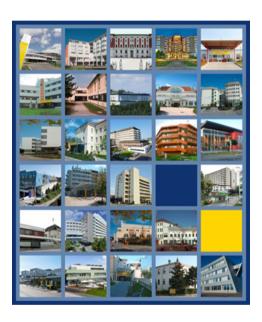
Your midwifery and gynaecology team

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Gynaecology and midwifery

Discharge information



Behaviour in the case of Premature labour



Dear Patient,

Further to our discussion at discharge and the doctor's letter, we would like to provide you with some more information relating to the time after your stay in our department.

Development and symptoms

Premature labour is caused by increased readiness of the uterus to contract prior to the 34th week of pregnancy.

- Symptoms of premature labour:
- Contractions of the uterus
- Dragging pain in the back

Guidelines for behaviour

We recommend continued physical rest after discharge from inpatient treatment. We recommend a short-term follow-up examination with your attending consultant. If regular contractions or bleeding occur, you should go back to the hospital.