

**Every person is unique; we can help you**

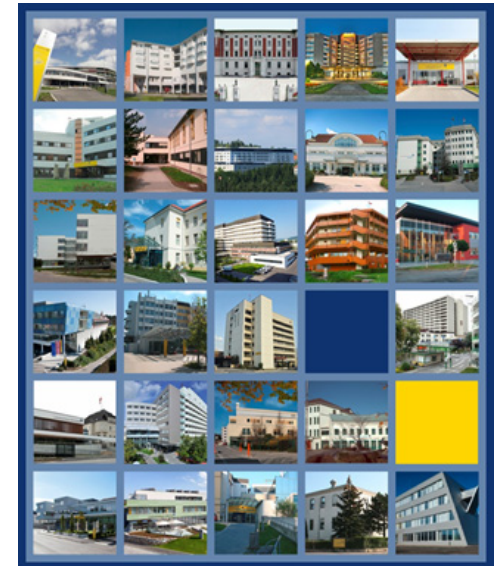
Every person has a different experience of pain. Pain which is hardly noticeable to some people can be unbearable for others. Your mental well-being also plays a significant role in your sensitivity to pain.

Please let us know if you are feeling anxious about the impending examinations or procedures, or if you have any other concerns, so that we can provide you with comprehensive treatment.

**Wishing you all the best for a  
speedy recovery.**

Your treatment team

## Patient information



## Pain management

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**Dear Patient****What is pain?**

For most people, a stay in hospital is an unfamiliar, and often new, experience. Over the next few days, you may be undergoing examinations or procedures that you have never experienced before. You may want to know whether any pain is associated with these procedures, or you may have come to the hospital due to pain you were already experiencing.

Pain is an expression of nerve irritation and may be caused, for example, by inflammation, injury or surgery. Pain normally has an important protective function. However, in the course of healing, pain is not simply an unpleasant experience, it may actually hinder recovery.

Adequate pain treatment should enable you to move about at an early stage, breathe deeply and feel comfortable. It is scientifically proven that these factors accelerate healing.

**Help us to treat your pain!**

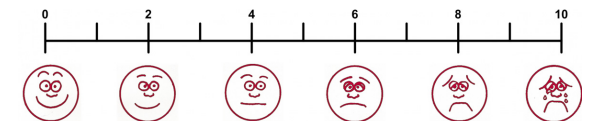
We have various highly effective pain treatment options. The doctors treating you would be happy to advise you about the method which is best for you.

However, we also rely on your cooperation so that we can treat your pain effectively. We will ask you to describe your pain, which is not always an easy thing to do.

Please tell us

- where it hurts
- how it hurts
- when it hurts
- what measures you have taken so far to help it.

At regular intervals, we will ask you to evaluate the intensity of the pain you are feeling, using a scale from 0 to 10; 0 means that you have no pain, 10 means that you have the most intense pain imaginable.



0 = no pain, whatsoever

2 = tolerable, slight

4-6 = quite bad, moderate

8 = very bad, severe

10 = completely dreadful

The doctor treating you will be happy to answer your questions at any time.